

MDFF Covid-19 Re-opening Guidelines

As the COVID-19 pandemic continues, Fabulous Feet remains committed to living its mission to offer quality dance education for each individual student in a safe and nurturing environment. While our classes will be different during the coming dance year to prioritize the health and safety of our students and teachers, we are dedicated to continuing to create a nurturing environment and culture of kindness.

We appreciate that the dance year ahead, whether we are learning at the studio or via zoom, will demand patience and flexibility from everyone in the MDFFF community. We are grateful to our families and faculty for their partnership as we adapt to the realities of this health crisis.

Our reopening plans are informed by information from the Centers for Disease Control and the New Jersey Departments of Health. This plan reflects our current knowledge and will be updated as we learn more. All members of the Fabulous Feet community must commit to following the health and safety protocols shared here in order to ensure the health of each one of us.

MDFFF will be offering a hybrid learning model with the option of learning at the studio in a small group setting or synchronous virtual zoom class.

Masks: All dancers and anyone that enters the studio are required to wear a mask while in the building. Masks should cover the nose and mouth, be fitted to the face, and connect with straps behind the head or around the ears. Following recommendations from the CDC, CHOP, and the AAP, students are asked not to wear gaiter-style masks, face shields (without a face mask as well), or masks with valves. Please bring a different mask for each class.

Temperature Check: MDFFF will ask families to participate in a daily temperature/wellness check before class. Any child running a temperature of 100.0 or higher or exhibiting symptoms of COVID-19 will not be able to attend class at the studio. Additionally, any child whose household members exhibit symptoms of COVID-19 will not be allowed to attend class. In both cases, the child must (a) self-quarantine for 14 days beginning the day of reported symptoms or (b) share a negative COVID-19 test confirmed by a physician. We will continue to use the most current local and state guidelines to determine when it is safe for an individual to return to dance.

Temperature checks will also be completed at the door. Anyone with a temperature of 100.0 or more will not be able to enter the studio.

In-person classes will be limited to 12 students.

Everyone must use hand sanitizer or wash their hands before entering the studio space. Please arrive 5 minutes before your class starts and wait outside of the building until temperature checks are complete. Upon entrance, dancers will go straight to their assigned dance room.

- Parents and siblings are not allowed in the studio space.
- No outdoor shoes are to be worn in the studio space.
- Please only bring a small bag containing the dance shoes you need for that day.
- Please do not wear your dance shoes outside of the studio space.
- Only water is allowed in the studio space. No other drinks or food. Please use a labeled reusable water bottle.
- Please bring all of your garbage home with you at the end of the day.
- The waiting area will be closed to parents and the public. Please email fabfeet5678@gmail.com with any questions or to make an appointment to speak with Ms. Doreen.
- Make sure your email is up-to-date on the studio director website as we will be using email for communication.
- Classes will end 5 minutes earlier than posted time if new students are entering class so that sanitizing between classes can occur.
- Barres will be cleaned between classes. We recommend bringing a paper towel tube that can be wrapped around the barre and taken with you at the end of the night.
- All studio floors will be mopped or cleaned with CDC approved cleaner between groups of students, including bathrooms and high touched areas.
- Acro students will have a specific section of the mat to use and will be cleaned after class.

If you have any of the following symptoms, you should stay home.

One of the following symptoms: cough, shortness of breath, difficulty breathing, or lack of smell or test (without congestion).

OR

Two of the following symptoms: fever/elevated temperature, sore throat, chills, muscle pain, fatigue, headache, congestion/runny nose, nausea, vomiting, diarrhea

Under the 14-day quarantine travel advisory announced by the Governors of New Jersey, New York and Connecticut, individuals traveling to or returning to New Jersey from states with increasing rates of COVID-19 are advised to self-quarantine for 14 days. This includes travel by train, bus, car, plane and any other method of transportation.

The 14-day quarantine travel advisory applies to travel from certain states identified as those that have a positive COVID-19 test rate higher than 10 per 100,000 residents or have a 10% or higher positivity rate over a seven-day rolling average ("impacted states.")

As of Tuesday, August 25, there are currently 31 states and U.S. jurisdictions that meet the criteria stated above:

- Alabama (added 6/24/20)
- Arkansas (added 6/24/20)
- California (added 6/30/20)
- Florida (added 6/24/20)
- Georgia (added 6/30/20)
- Guam (added 8/25/20)
- Hawaii (added 8/11/20)
- Idaho (added 6/30/20)
- Iowa (added 6/30/20)
- Illinois (added 7/28/20)
- Indiana (added 7/21/20)
- Kansas (added 7/7/20)
- Kentucky (added 7/28/20)
- Louisiana (added 6/30/20)
- Minnesota (re-added 7/28/20)
- Mississippi (added 6/30/20)
- Missouri (added 7/21/20)
- Nebraska (added 7/21/20)
- Nevada (added 6/30/20)
- North Carolina (added 6/24/20)
- North Dakota (added 7/21/20)
- Oklahoma (added 7/7/20)
- Puerto Rico (added 7/28/20)
- South Carolina (added 6/24/20)
- South Dakota (added 8/11/20)

- Tennessee (added 6/30/20)
- Texas (added 6/24/20)
- Utah (added 6/24/20)
- Virginia (added 7/21/20)
- Virgin Islands (added 8/11/20)
- Wisconsin (added 7/14/20)

If you have questions, please reach out to us by email at [**fabfeet5678@gmail.com**](mailto:fabfeet5678@gmail.com)